

## CONFERENCE SCHEDULE

**Friday, April 17, 2026**

Zoom

**Intended Audience:** Licensed health care workers who take care of patients with orthopedic conditions.

7:30 **Login to Zoom Meeting**

7:50 **Welcome**

8:00 **Rotator Cuff Tendonitis to Tear**  
Joseph Galvin, DO, Assistant Professor

9:00 **Joint Infection: Diagnosis and Management**  
Poorani Sekar, MD, Clinical Associate Professor

10:00 **Break**

10:15 **Neurologic Sequelae in Orthopedics: Role of the Physiatrist**  
Philip Chen, MD, Clinical Assistant Professor

11:15 **Physical Therapy: Working with Pain and Movement**  
Barbara Van Gorp, MPT, DPT, OCS, CSCS, Clinical Specialist

11:45 **Lunch**

12:15 **Orthopedic Trivia**  
Judy Swafford, BSN, RN, ONC, Retired Nurse

12:30 **Emergencies in the Post Anesthesia Care Unit**  
Emily Pecinovsky, BSN, RN, CAPA, Staff Nurse  
Mackenzie Booher, BSN, RN, Staff Nurse

1:00 **Acute Pain Management in the Perioperative Setting**  
Sonyia Loos, BSN, RN, CNOR, Staff Nurse

1:30 **Adolescent Idiopathic Scoliosis (AIS): Natural History and Current Management**  
Stuart Weinstein, MD, Professor

2:30 **Break**

2:45 **Clubfoot Management**  
Jose A. Morcuende, MD, PhD, Professor

3:45 **Early Recognition and Management of Charcot Arthropathy in the Foot: A Nursing Perspective**  
Lesley Haro, BA, MSN, RN, ARNP-BC, Nurse Practitioner

4:45 **Evaluation & Adjourn**



**CE** Nursing Continuing Education

2026 Orthopedic Nursing Conference

APRIL 17, 2026  
ZOOM / VIRTUAL CONFERENCE

University of Iowa Health Care  
Department of Nursing  
200 Hawkins Drive  
Iowa City, IA 52242-1009

### **CE NURSING CONTINUING EDUCATION**

The purpose of this conference is to discuss multidisciplinary innovations in orthopedic patient management and considerations both in and outside the hospital setting.

## **2026 Orthopedic Nursing Conference**

**APRIL 17, 2026**

**7:50 AM – 4:45 PM (CST)**  
**ZOOM / VIRTUAL CONFERENCE**

Sponsored by:

University of Iowa Health Care Department of Nursing Services and Patient Care

In cooperation with:

The National Association of Orthopaedic Nurses  
Hawkeye Chapter #149



Changing Medicine.  
Changing Lives.®

**Registration Information:**

- Preregistration is required by 4/9/2026
- Online registration and credit card payments only

**Registration Link:** <https://uiowa.cloud-cme.com/course/courseoverview?P=0&EID=77435>

You will need to set up an account if you are a first time user, or 'sign in' if you already have a CloudCME account

**Registration Fee:**

\$60 or (\$75 after 3/29/2026)



Registration closes on 4/9/2026.

**Refund:** Full (minus \$10 cancellation fee) if notification received on or before 4/9/2026.

The registration fee covers advertising, CE recording, and registration administrative costs.

The Zoom link and any additional conference details will be provided the week prior to the conference.

**Acknowledgements**

The University of Iowa Health Care Department of Nursing would like to thank the education committee of the Hawkeye Chapter #149, National Association of Orthopaedic Nurses, for the development of this program.

The University of Iowa Health Care Department of Nursing Services and Patient Care's continuing education programs are developed under the supervision of Christina Woline, DNP, RN, NPD-BC, Associate Chief Nursing Officer—Professional Practice.

**Educational Objectives:**

Upon completion of this program, learner should be able to:

- Discuss the history and clinical presentation, physical exam, relevant imaging and treatment options for rotator cuff tendinitis to rotator cuff tearing.
- Discuss signs and symptoms of joint infections, treatment options available and antibiotics used to treat these. Discuss common side effects of the medications.
- Describe different options for spasticity management.
- Describe the basic methods utilized in physical therapy for patients with pain.
- Identify answer to trivia questions on the subject of orthopedic conditions, diagnosis, and nursing care of patients with orthopedic conditions.
- Identify emergency situations in the post anesthesia care unit and how to correctly respond as soon as possible.
- Describe different interventions and medications used to reduce acute pain for post operative patients.
- Discuss the rationale for management of adolescent idiopathic scoliosis.
- Discuss clubfoot and its treatment using the Ponseti method.
- Discuss risk factors for development of Charcot Arthropathy and current evidence-based management approaches.

Schedule and speakers are subject to change. Faculty are staff of University of Iowa Health Care and/or University of Iowa Colleges unless otherwise indicated.

**Education Credits:**

in support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for

Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Nurse:** The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 7.75 ANCC contact hours.

**Other Health Care Providers:** A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.)

## INFO & UPCOMING CE OFFERINGS

Visit our website for program information and brochures.  
[uihc.org/nursing-continuing-education-schedule](http://uihc.org/nursing-continuing-education-schedule)

Questions concerning CE programs may be directed to the Nursing Clinical Education Center at **319-356-1238** or e-mail [nursingcontinuinged@uiowa.edu](mailto:nursingcontinuinged@uiowa.edu).

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy (including childbirth and related conditions), disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, or associational preferences. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Senior Director, Office of Civil Rights Compliance, the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705, daod-ocrc@uiowa.edu.

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact the Department of Nursing in advance at (319) 356-1238.